

JOB DESCRIPTION

Job Title: Personal Health and Wellbeing Practitioner

Service: Operations

Reports to: Deputy Manager

Direct Reports: None

ABOUT THE ROLE

As the Personal Health and Wellbeing Practitioner, the post holder will provide a person centred practical and emotional support service with therapeutic interventions which is responsive, and caring. They will create an enabling environment and service for the given residents/participants in line with their agreed care plans and risk assessments. They will offer practical based care, ensuring that the service offered promotes the rights of the individual which preserves dignity, choice, privacy, independence, fulfilment and their personal goals.

You will work in accordance with service specifications and agreements to provide a flexible service which is responsive to individual needs.

ABOUT YOU

The person in this post will be driven to provide high quality care and support to others. An effective team member who can communicate effectively with people from different backgrounds and can respect equality, diversity, and inclusion. The person will be confident in working in the social care setting and can be compassionate, supportive, and empowering to others. They will be able to form effective, positive, and motivational relationships.

KEY RESPONSIBILITIES

- Contribute to the achievement of excellent outcomes as defined by Social Interest Group, our subsidiaries, stakeholders and namely CQC for all aspects of continuity of service delivery.
- Act as the key recovery worker for a caseload of residents and participants as designated by the line manager and contribute to the development of care plans, risk assessments and reviews.
- Participate in, plan, and deliver meaningful activities and encourage residents and participants to participate in the running and development of the activities to promote their health, wellbeing, and positive engagement levels.
- Encourage social initiatives, training, and volunteering opportunities in service.
- Provide advice, information, guidance and life skills training to residents and participants.
- Recognise signs of deteriorating mental and physical health and initiate appropriate interventions to prevent a crisis.
- Complete safeguarding and other referrals where required.

- Ensure all residents and participants understand their rights and responsibilities and have access to the right tools and resources, to support them in society and accessing services.
- Support named residents/participants with various personal needs as required.
- Support with and monitor Residents' healthcare and nutrition throughout their residence.
- Develop and maintain strong relationships with internal and external persons and agencies.
- Attend appointments with residents when required.
- Administration duties will vary. This includes maintaining confidential records in a timely manner and containing information in accordance with relevant statutory and organisational policies.
- *Other duties may include but not limited to, maintain clean and tidy offices and communal areas, removing rubbish, reporting repairs and ordering/replenishing supplies.*

SIG Policies and Data Protection

- Promote the SIG values in creating a positive and productive environment, to create a Psychologically Informed Environment (PIE).
- Maintain high standards of service in line with organisational values and requirements, ensuring a safe, effective, caring, and responsive service.
- Maintain confidentiality in line with organisational policy in respect to residents, participants, staff, and business sensitive information.
- Adhere to SIG policies, processes, best practice, Equality, Diversity & Inclusion (EDI), and data protection at all times.
- Comply with Health, Safety, and Environmental procedures.

Other responsibilities than those described above may be required to be undertaken from time to time and will be expected to be performed to as long as it is within the capability and level of the position.

PERSON SPECIFICATION

Qualifications and Experience	Rating
Experience of working with people of complex backgrounds, ex-offenders, mental health, substance misuse, challenging behaviours or a good understanding of the sector	Essential
Experience creating co-produced support plans and providing appropriate interventions for service user and liaising with other professionals	Desirable

Appropriate professional qualification: NVQ/Diploma Level 2 in Health & Social Care/Community Justice or professional equivalent	Desirable
Experience of providing housing support and practical assistance within a residential or outreach support role	Desirable
Skills and Abilities	
IT Proficiency, ability to learn new software programs, basic Microsoft experience	Essential
Understanding of the housing and social needs of people with multiple and complex needs	Essential
Understanding and/or practical application of key legislation regarding social care, housing, criminal justice and mental health	Essential
Understanding and/or practical knowledge of the social and societal marginalisation that can be attached to people with mental health issues, addiction, exploitation, homelessness and within the criminal justice system	Essential
Personal Characteristics	
Excellent communication skills both written and oral and relationship building	Essential
Able to influence and negotiate positive outcomes with others	Essential
Ability to work with confidential information, maintain accurate records and write accurate reports	Essential
Sensitive and empathy to others, dealing with challenging circumstances with professionalism	Essential
Trauma-informed, non-judgemental approach to overcome barriers and achieve goals	Essential