Activities Volunteer

Role Description

Location:	Role available at various services in London, Luton, Brighton and Medway.
Requirements:	Volunteers in this role must be over 18. Volunteers in this role are subject to an Enhanced DBS Check.

What we need your help with

We are looking for volunteers to support group activity sessions to encourage our participants and residents to engage with their hobbies, try something new and just have some sociable fun! Perhaps you could spend an hour teaching crochet, hosting a weekly football match in the local park or hosting a board games club? You don't need to be a pro in your activity, or even do the same activity every session, just skilled in leading others with a bucket load of enthusiasm!

Not sure on leading an activity? We have some groups already set up where volunteers are needed to support their running. You'd help with encouraging participation and inclusion, particularly supporting participants who are new to the group.

The difference you could make

Some residents and participants come from circumstances where their opportunities have been limited, their self-confidence has been knocked or have struggled to build connections due to their mental health. Your activity sessions could make a huge difference by bringing some fun and social connection to their day and could have a lasting impact on their wellbeing and recovery well into the future!

What is the commitment?

We are looking for volunteers who can make a regular commitment to support activities in our services (for example, football in the park every Tuesday, supporting a weekly community group, or a monthly sketching class) for a period of at least 6 months.

We are open to one off sessions if you have a specialist activity, though this will be dependent on the availability of staff as you will need to volunteer under staff supervision at all times in place of the DBS check.

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Charity no. 1158402
Company no. 9122052

What skills and experience are needed for this role?

We are looking for volunteers who

- Can approach people in complex personal circumstances with an empathetic and non-judgmental approach.
- Are comfortable leading and motivating a group.

Beyond that we are very open to what you can bring to our team!

What you can expect from us

To support you and set you up for success in your volunteering role with us, you can expect that we will:

- Work with you to find a volunteering arrangement that works for you and for the service.
- Provide necessary training and guidance needed to understand the context of our services and to keep you and the residents and participants safe.
- Make internal arrangements to support the success of the activity.
- Debrief each session with you, encouraging reflection and addressing any concerns you might have.
- Reimburse you for any pre-agreed expenses relating to your activity.

More information about us

Social Interest Group (SIG) is a leading UK charity providing bespoke person-centred health and social care services. Our mission is to empower independence through trauma-informed solutions and dynamic partnerships that keep people out of prison, out of hospital, and off the streets. Our people and values of ambition, empowerment, transparency, and inclusivity drive everything we do. You'll be joining a growing team of volunteers in a variety of roles across the Group who add meaningful value to the experiences of residents and participants in their services – we would love to have you to the team!

Contact details

For information about further opportunities to volunteer available across Social Interest Group please contact the National Volunteer Manager, Zoe Oliver: zoe.oliver@socialinterestgroup.org.uk

Social Interest Group